



# The Coopers Arms

## Gluten Free Menu

WHEN ORDERING FROM THE GLUTEN FREE MENU  
PLEASE CONFIRM ANY ALLERGIES WITH YOUR SERVER

### Starters

**Sweetcorn & Dill Soup £5** ✓

*Corn + Baby Onions + Sweetcorn Fritter*

**Breads, Olives & Oils £5 / 8 Sharer** ✓

*Warm GF Breads + Olives + Infused Oils + Butters*

**Loch Duart Flaked Salmon Salad £7**

*Hot Smoked Salmon + Garlic & Thyme Roasted Beetroot + Rocket + Horseradish Dressing*

**Wild Mushroom Terrine £6** ✓

*Wild Mushroom Terrine + Mushroom Ketchup + Warm GF Bread*

**Baked Camembert £7 / 12 Sharer** ✓

*Garlic & Rosemary Studded Camembert + Apple + Red Onion Chutney + Warm GF Breads*

### Steaks

*All served with Herb Buttered Field Mushroom, Grilled Tomatoes, Dressed Rocket, Hand Cut Chips and either a Black Peppercorn, Stilton Cream*

**8oz Rump Heart £18**

**8oz Centre Cut Fillet £26.5**

### Ala Carte

**Pan Seared Market Fish £15.5**

*Crab Fregola + Chilli & Lemongrass Bisque + Garlic & Herb Oil*

**Rump of Lamb & Spiced Kofta £17**

*Celeriac Dauphinoise + Roasted Beets + Pickled Blackberries + Rosemary & Thyme Jus*

**Roasted Guinea Fowl £14.5**

*Confit Garlic Mashed Potato + Wilted Greens + Wild Mushroom & Masala Fricassee*

**Lemon & Pea Risotto + Feta £11.5** ✓

*Creamy Lemon & Pea Risotto + Feta*

**Grilled "Cod n Chips" £12.5**

*Hand Cut Chips + Mushy Peas + Homemade Tartar Sauce*

**Wild Mushroom & Masala Fricassee £12** ✓

*Enriched with Masala, Bound in a Wholegrain Mustard & Cream Sauce + Poppy Seed Rice*